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FOR IMMEDIATE RELEASE

Colonial Food for Thought *A February 18, 2017 Newport Eats Living History Event*

Newport, RI – December, 2016 – In 1777, Newport was occupied by British troops and a blockade prevented trade to the island. A population with a sophisticated palate, used to trade goods from all over the world, was now forced to eat local. What did people eat 240 years ago to survive the harsh winter and war-torn environment?

On **Saturday February 18, 2017 at 10 am**, the Newport Historical Society will host costumed interpreters for *Colonial Food for Thought: A Newport Eats Living History Event*. They will share insight on what foods were eaten, when, and why, from tea to pickling, oysters to chocolate, and soldiers' rations to spices!

This event, part of the Newport Historical Society's Newport Eats history of food programming initiative, is offered on Saturday, February 18, 2017 from 10am-1pm at the Colony House on Washington Square. Admission is free. Try your hand at a colonial-inspired stamping craft. Flour sack towels yours to keep, \$5 each.



About the Newport Historical Society

Since 1854, the Newport Historical Society has collected and preserved the artifacts, photographs, documents, publications, and genealogical records that relate to the history of Newport County, to make these materials readily available for both research and enjoyment, and to act as a resource center for the education of the public about the history of Newport County, so that knowledge of the past may contribute to a fuller understanding of the present. For more information please visit www.NewportHistory.org.

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